

## SAINT PAUL, WHITLEY BAY

### MOTHERING SUNDAY AND 5<sup>TH</sup> SUNDAY OF LENT

15<sup>TH</sup> AND 22<sup>ND</sup> MARCH 2026

*Welcome to your newsletter, which covers a period of two weeks.*

*Please use it to help in your prayers each day.*

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#### **Collect, readings & hymns for Mothering Sunday, 15<sup>th</sup> March**

**Collect:** God of compassion, whose Son Jesus Christ, the child of Mary, shared the life of a home in Nazareth, and on the cross drew the whole human family to himself: strengthen us in our daily living that in joy and in sorrow we may know the power of your presence to bind together and to heal; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

#### **Readings:**

1 Samuel 1: 20 – end  
2 Corinthians 1: 3 – 7

#### **Hymns: *Mission Praise***

396 Just as I am, without one plea,  
329 In Christ there is no East or West,  
89 Come down, O love divine,  
Lent prose (words on sheet)  
631 Tell out, my soul, the greatness of the  
Lord;

#### **Gospel:**

Luke 2: 33 – 35

#### **Collect, readings & hymns for 5<sup>th</sup> Sunday of Lent, 22<sup>nd</sup> March**

**Collect:** Most merciful God, who by the death and resurrection of your Son Jesus Christ delivered and saved the world: grant that by faith in him who suffered on the cross we may triumph in the power of his victory; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

#### **Readings:**

Ezekiel 37: 1 – 14  
Romans 8: 6 – 11

#### **Hymns: *New English Hymnal***

95 When I survey the wondrous Cross,  
90 O sacred head, sore wounded,  
(omit vv2 & 3)  
461 There's a wideness in God's mercy  
Lent prose (words on sheet)  
84 It is a thing most wonderful,

#### **Gospel:**

John 11: 1 – 45

## Intercessions and intentions for the next two weeks

**Please pray for all those on our prayer lists, especially:**

**Sunday Prayer list:** Jan Casey, Cathy West, Lucy Proctor, Bruce Thompson, Craig Bell, Catherine, Roger, Fiona, Roya, Amy, Rachel

**Wednesday Prayer list:** Michael Bradley, David Hall, Deborah Henderson, Ava Kennedy, Pam MacKenzie, Sue Simpkin, Dave Stevenson, Maureen, Marie, Lottie, Tony.

**The recently departed:**

**Those whose anniversaries of death fall at this time:**

**Week beginning 15<sup>th</sup> March:** Jan Soulsby, Ron Woodall. John Thirlwell Harrison, Sonia Pettitt, Dorothy McKenzie

**Week beginning 22<sup>nd</sup> March:** Thomas McMahon, Maureen Moss, Arthur Hall, Amanda Stephenson, George Barlow West, Peggy Pearson, Ben Lazenby, Mary Morrison, William Gay

<b>Prayer intentions for week commencing 15<sup>th</sup> March</b>		
Sun 15	<b>Mothering Sunday</b>	<i>The Parish</i>
Mon 16	Of the day	<i>Healing ministry</i>
Tue 17	St Patrick	<i>Missionaries</i>
Wed 18	Of the day	<i>North Tyneside Council</i>
Thur 19	St Joseph	<i>The Holy Family</i>
Fri 20	St Cuthbert	<i>Places of pilgrimage</i>
Sat 21	Thomas Cramner	<i>Lent lunches RNLI</i>

<b>Prayer intentions for week commencing 22<sup>nd</sup> March</b>		
Sun 22	<b>5<sup>th</sup> Sunday of Lent</b>	<i>The Parish</i>
Mon 23	Of the day	<i>Our new PCC</i>
Tue 24	Of the day	<i>District nurses</i>
Wed 25	The Annunciation of Our Lord to the BVM	<i>Places of worship dedicated to Mary</i>
Thu 26	Of the day	<i>Lent reflections St Paul's</i>
Fri 27	Of the day	<i>Our neighbours</i>
Sat 28	Of the day	<i>Lent lunches The Bay Foodbank</i>

### Services for the next two weeks

All Eucharist services held in church (except 8.30am on Sundays) are livestreamed & recorded via our YouTube channel: [www.bit.ly/OurStream](http://www.bit.ly/OurStream)

**Morning Prayer at St Paul's:** Monday to Thursday at 8.30am  
**Saturday Prayer at St Paul's:** Saturday at 9.30am  
**St Paul's open for private prayer:** Saturday from 10am to 11am

Sunday 15 <sup>th</sup> March	Mothering Sunday 4 <sup>th</sup> Sunday of Lent	Holy Communion (BCP) 8.30am Sung Eucharist 10am Healing service 6pm
Wednesday 18 <sup>th</sup> March		Eucharist 10am
Thursday 19 <sup>th</sup> March	St Joseph	Eucharist 10am
Sunday 22 <sup>nd</sup> March	5 <sup>th</sup> Sunday of Lent Passiontide	Holy Communion (BCP) 8.30am Sung Eucharist 10am <i>followed by APCM</i> Encounter 6pm
Wednesday 25 <sup>th</sup> March	The Annunciation of Our Lord to the BVM	Eucharist 10am
Sunday 29 <sup>th</sup> March	Palm Sunday	Holy Communion (BCP) 8.30am Palm Procession & sung Eucharist 10am Compline 6pm

### Dates for your diary

Lent course with St Peter's and St Mary's	Thursdays 19 <sup>th</sup> and 26 <sup>th</sup> March 7.30pm <i>(see notices for venues)</i>
Lent at St Paul's	Saturdays 21 <sup>st</sup> and 28 <sup>th</sup> March 10am
St Paul's Fellowship Group	Tuesday 17 <sup>th</sup> March 7pm
Lent Soup and Roll Lunch	Saturday 21 <sup>st</sup> March 12 noon to 2pm
St Paul's APCM	Sunday 22 <sup>nd</sup> March 11.30am
St Paul's PCC meeting	Tuesday 24 <sup>th</sup> March 7pm

### Lent Soup and Roll Lunches

The final Lent lunch will be held on Saturday 21<sup>st</sup> March 12 noon to 2pm.

The PCC's chosen charities this year are:

SWEP, The Bay Foodbank, The Rainbow Trust and the RNLI.

## Holy Week 2026 at St Paul's

29 <sup>th</sup> Mar	Palm Sunday	Holy Communion (BCP) 8.30am Palm Procession & Eucharist 10am Compline 7pm
30 <sup>th</sup> Mar	Monday of Holy Week	Eucharist 10am Compline 7pm
31 <sup>st</sup> Mar	Tuesday of Holy Week	Eucharist 10am Compline 7pm
1 <sup>st</sup> Apr	Wednesday of Holy Week	Eucharist 10am Compline 7pm
2 <sup>nd</sup> Apr	Maundy Thursday	Washing of the Feet, the Eucharist followed by The Watch 7pm
3 <sup>rd</sup> Apr	Good Friday	Stations of the Cross 10am Walk of Witness 11.15am/12 noon The Liturgy 2pm
4 <sup>th</sup> Apr	Easter Eve	Easter Vigil 8pm
5 <sup>th</sup> Apr	Easter Day	Holy Communion (BCP) 8.30am Sung Eucharist 10am

### Notices

**St Paul's APCM report:** in preparation for the APCM to be held following the 10am service on Sunday 22<sup>nd</sup> March, the annual report has been emailed out. A limited number of paper copies are available in church.

**Lent Services and Reflections together with St Peter's and St Mary's Monkseaton:** This year we will be exploring the 7 Penitential Psalms  
 Thursday 19<sup>th</sup> March at 7.30pm at St Peter's Monkseaton  
 Thursday 26<sup>th</sup> March at 7.30pm at St Paul's Whitley Bay

**Lent at St Paul's:** Every Saturday during Lent at 10am (until Saturday 28<sup>th</sup> March) we will reflect together around the Gospel passage for the Sundays of Lent.

**Paul's Fellowship Group:** next session Tuesday 17<sup>th</sup> March, 7pm in the Parish Centre, looking at the Ten Commandments.

**Paschal Candle:** Many thanks to Carolyn and Janette for donating this year's Paschal Candle and Easter altar candles. This is greatly appreciated.

**WB&DCT Walk of Witness:** we will gather at Hillheads church from 11am for an 11.30 start to walk together to St Paul's where there will be a service in the church grounds from 12 noon. Everyone is welcome to join us for either or both parts of the day.

**Words of Christian values:** St John's and St Mary's are putting together a display of words which express Christian values for display in, and sharing with, the wider community. <https://www.surveymonkey.com/r/5HWQKHB> or see Rev Mairi for further details

**Newsletter entries:** for the next newsletter please pass them to Mary Evans by 6pm on Friday 27<sup>th</sup> March 2026, by phone on 0191 252 1424 or by email to [maryevans14@btinternet.com](mailto:maryevans14@btinternet.com)